

CYBER SECURITY SNAPSHOT

Password

PROTECT YOUR PASSWORDS



Update your passwords regularly



Use a password manager to generate and store your passwords securely



Never use the same password twice



Establish clear and consistent procedures when creating and updating passwords



Do not use personal information when creating a password

STEP BY STEP



CREATE STRONG PASSWORDS

Passwords are the first line of defence against unauthorised access to your computer and information. The stronger your password, the more protected you are from cybercriminals. You should maintain strong passwords for all accounts on your computer.

⊘ DO	⊗ DON'T
Use a combination of at least 8 – 12 letters, numbers, and symbols	Don't use sequential numbers or letters
The longer your password and the more character variety it uses, the harder it is to guess. For example, Mol#eb9Qv? uses a unique combination of upper- and lowercase letters, numbers, and symbols.	e.g. 1234, qwerty, jklm, 6789, etc.
Combine different unrelated words in your password e.g. 9SpidErscalKetobogGaN	Do not use passwords that include personal information. E.g. pet's name, your birthday or that of family members, any words related to your hobby, job,
This makes it difficult for cybercriminals to guess your	or interests etc.
password. Use three or four longer words to create your password.	Cybercriminals can easily find this information on social media accounts or websites.
Use a password manager to store your passwords	Do not use names or words found in the dictionary
securely	Substitute letters with numbers or symbols to make
Password managers have inbuilt, specialised security to guard against cybercriminals.	it difficult to guess the password. Or deliberately use spelling errors in the password or passphrase. For example, P8tty0G#5dn for "patio garden."
Establish clear and consistent procedures for creating and updating passwords	Do not store your passwords in a document on your computer or in a notebook.
e.g. specific password conventions that must be followed.	This can be easily infiltrated by a cyber criminal, stolen or lost.
	Do not reuse your passwords

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STEP BY STEP

USE A PASSWORD MANAGER

If the passwords securing your data aren't strong, then your information is at risk.

USE A PASSWORD MANAGER

A password manager is a more secure way to store and keep track of all of your passwords. It can also be used to generate unique and strong passwords according to a set criteria, can be accessed across multiple devices and can provide reports and activity logs to help track usage.

There are many password manager programs and apps available. Research your options to ensure the best fit for your needs.



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